Rethinking Your Life—Week #3 January 16, 2022

"Sin & Temptation"



To the leader:

Open your group in prayer, and remember that this is only a guide. Feel free to discuss each of the provided questions in the notes, or simply dive deeper into just one. Before you close with prayer, take a few minutes to look over the Three Essential Questions at the end of the page.

On Sunday, Pastor Nick continued our "Rethinking Your Life" series by talking about the pesky word "sin". In our world today, we aren't quick to say that we, or anyone around us, have sinned. Over time, we have warped the impact of sin to merely making mistakes. We like to see ourselves as mistakers who just need to try harder rather than sinners who need rescued. We were invited on a journey to rethink sin and temptation by looking at the story, significance and solution of sin. Ultimately, we rethink sin and temptation in our lives by repenting, confessing and committing to change.

"We like to see ourselves as mistakers who just need to try harder rather than sinners who need rescued."

- ♦ What emotions and thoughts does the word "sin" bring to you?
- What is the relationship between a "mistake" and sin? What is the solution for each?

Let's review the points from the message Sunday:

- 1. The story of sin
- What sin took place even before that of Adam and Eve?
- In what way does pride get in the way of your relationship with Christ?
 What role does it have in sin?

- 2. The significance of sin
- What is the result(s) of sin from a spiritual and even physical sense?
- What progression takes place from unchecked temptation to spiritual death?
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- What consequences are there to sin?
- 3. The solution of sin
- ♦ In what way do Romans 5:18-19 and 1 Peter 2:24 describe the significance of the cross?
- In what way is Jesus the ultimate solution for sin?

Now what?

Repent (2 Corinthians 7:9)

♦ What area of your life do you need to repent (change direction) of?

Confess (1 John 1:9)

- What does it mean to you that your sin has been forgiven and wont' be held against you?
- ♦ Have you ever found it hard to forgive yourself for something in your past?

Commit (Proverbs 4:26-27)

- What is the result of confessing but not committing to change?
- ♦ What are some practical ways that you can commit to changing the impact of sin in your life?

Three Essential Questions

- 1. What did you hear? What point in this message was most impactful for you?
- 2. **What do you think?** How did this message challenge, change or affirm your thinking?
- 3. **What will you do?** How will you or your group put into practice what you've learned today?