

Life's Too Short... To Waste Time



To the leader:

Open your group in prayer, and remember that this is only a guide. Feel free to discuss each of the provided questions in the notes, or simply dive deeper into just one. Before you close with prayer, take a few minutes to look over the Three Essential Questions at the end of the page.

On Sunday, Pastor Nick kicked off a brand-new series we are calling Life's Too Short where we will be discussing the value of making the most of the time we have been given on earth and capitalizing on several important areas of our lives. This week, we learned about how life's too short to waste time and that we need to ask ourselves, "Where do I waste most of my time?" and "How do I make the most of my time?"

"What is your life?

You are a mist that appears for a little while and then vanishes ."James 4:14

- ◆ Describe a "time flies" moment that you experienced recently.

Let's review the points from the message Sunday:

Where do I waste most of my time?

1. Distractions
 - ◆ What seems to be the biggest distractor for you?
- ◆ In what way does setting your mind on things above (Colossians 3:2) help with fighting distractions?

2. Boredom

- ◆ How often would you say that you find yourself being bored in your everyday life?
- ◆ What disciplines do you need to put in place in order for you to fight boredom and fulfill your greatest purpose in life?

3. Busyness

- ◆ What excuses do you find yourself making when it comes to how busy you are?
- ◆ What lesson does Luke 19 teach us when it comes to the consequences of giving into busyness?

4. Comparison

- ◆ How easy is it for you to compare yourself to other people?
- ◆ What does Luke 9:25 have to say about what our perspective should be when it comes to wanting to "have it all"?

How do I make the most of my time?

1. Follow Jesus

- ◆ In what way is your relationship with Jesus affecting how you fight to not waste time?

2. Invest intentionally

- ◆ What are some areas in your own life that you are going to intentionally invest in?

- ◆ What are the benefits of doing so?

Three Essential Questions

1. **What did you hear?** *What point in this message was most impactful for you?*
2. **What do you think?** *How did this message challenge, change or affirm your thinking?*
3. **What will you do?** *How will you or your group put into practice what you've learned today?*